



FAMILY MEDICINE RESIDENCY  
OF IDAHO

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# Medical Education Interim Committee November 12, 2008

Ted Epperly, M.D.  
Program Director and C.E.O.



# Introduction

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- Family Medicine Residency of Idaho (FMRI) has been training residents for the State of Idaho since 1975.
- In that period of time 221 residents have graduated and 124 remain in Idaho (56%).
- The investment by the State of Idaho in FMRI's future family medicine expansion will help build the needed primary care infrastructure for Idaho.



# Mission

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- ❑ Train superb medical school graduates to become outstanding family physicians.
- ❑ Prepare broadly trained family physicians to practice in rural Idaho.
- ❑ Serve the underserved in a high quality medical home.



# FMRI Service Statistics

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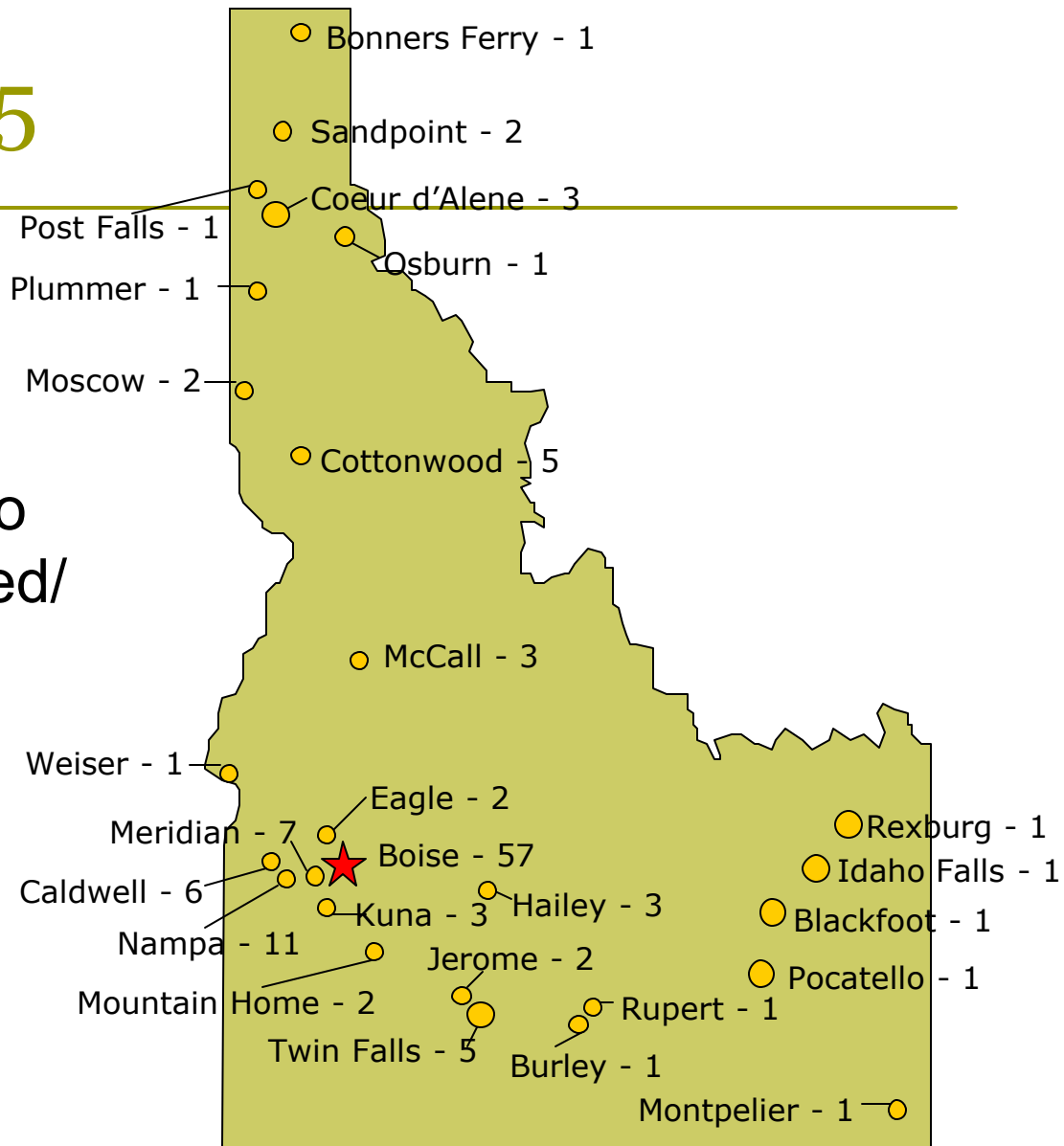
- ▣ 46,000 Patient Visits/Year
- ▣ 900 Medical Admissions/Year
- ▣ 1,000 OB Deliveries/Year
- ▣ 2,000 Pediatric Admissions/  
Newborn Care/Year
- ▣ 20,000 In-Patient Visits/Year



# Since 1975

221 Grads

56% Practicing in Idaho  
46% Serving Underserved/  
Rural Idaho



Family Medicine Residency of Idaho



# FMRI Cost Per Resident

|                                              |                 |
|----------------------------------------------|-----------------|
| Resident Salary                              | \$44,808        |
| Resident Benefits                            | \$8,065         |
| Resident Liability Insurance                 | \$5,000         |
| Residency Program Admin Support              | \$5,900         |
| Supplies                                     | \$200           |
| University of Washington Annual Network Fees | \$900           |
| Courses/Conferences                          | \$350           |
| CME                                          | \$350           |
| Resident retreat                             | \$300           |
| Graduation                                   | \$350           |
| Computer Licensing, software, hardware       | \$2,200         |
| ATLS & ALSO Courses                          | \$250           |
| Idaho Medical Association Dues               | \$65            |
| American Academy Family Physician Dues       | \$25            |
| St. Alphonsus Application Fees               | \$200           |
| Resident In-service Exam                     | \$50            |
| NRP                                          | \$45            |
| ACGME Expenses                               | \$300           |
|                                              |                 |
| <b>Total</b>                                 | <b>\$69,358</b> |

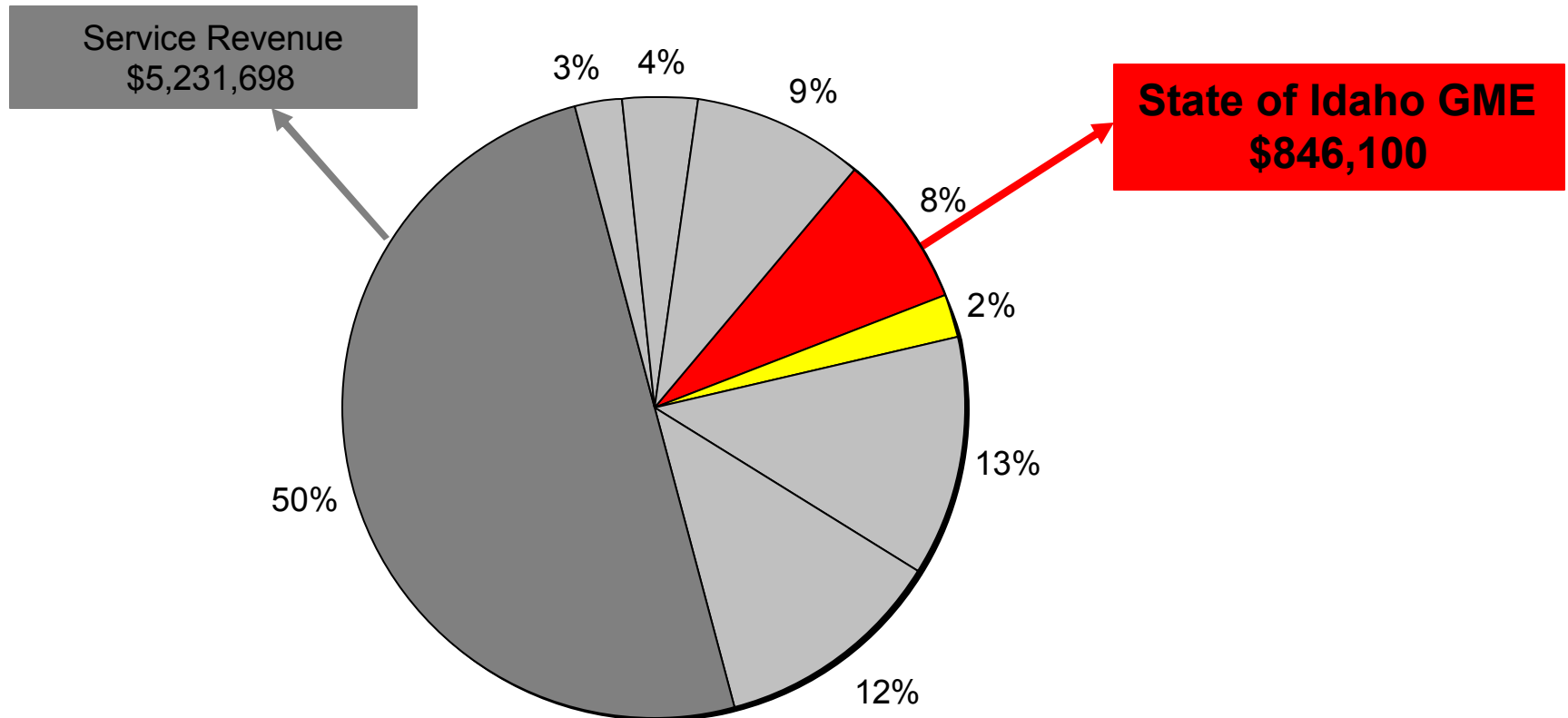
Direct Costs - \$70,000

❑ Does not include:

- Faculty Supervision
- Indirect Costs
- Administration



# FMRI FY'o8 State Support of Graduate Medical Education



Family Medicine Residency of Idaho



# State GME Support Per Resident Per Year FY'o8

State of Idaho  
Average Contribution

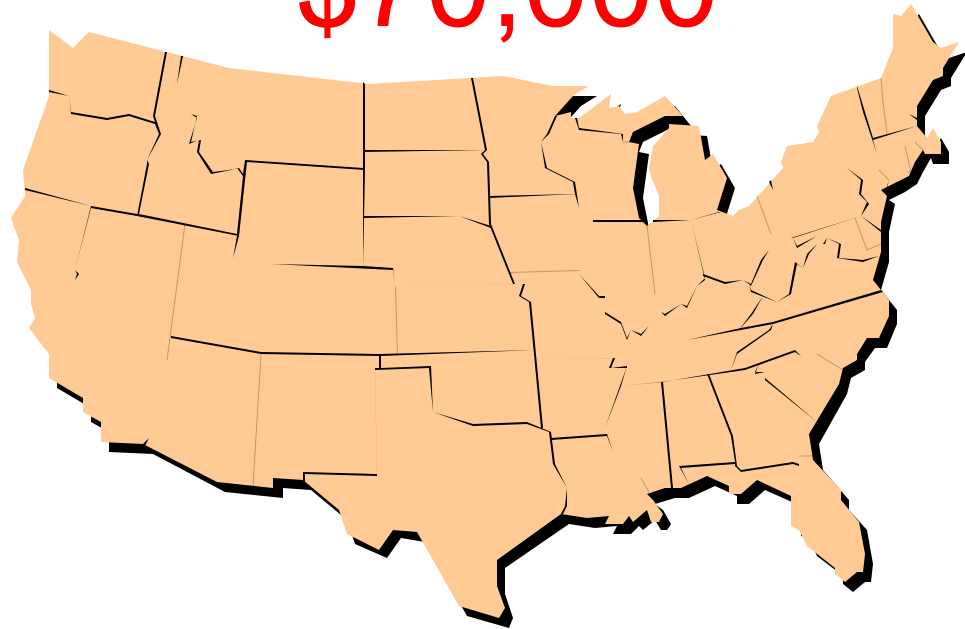
**\$32,000**

**FMRI**

**\$29,655 (FY'08)**

Average  
Direct Cost

**\$70,000**



MGT of America, Inc. *Medical Education Study Final Report. November 1, 2007. pg 5-10*

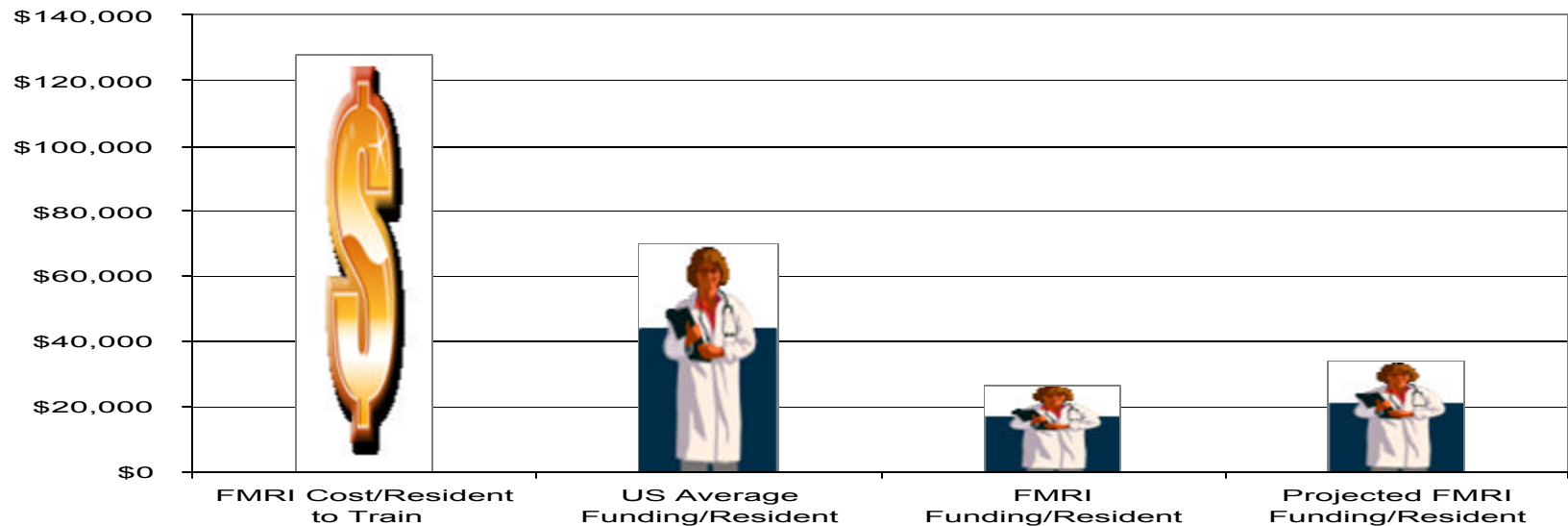
•National Average Direct and Indirect Average Approximately \$150,000. Health Affairs. Volume 19, Number 1. University of Florida Board of Governors. 2001.

**Family Medicine Residency of Idaho**





# FY'09 State Funding



- FY'09 State Funding \$888,400
- US Average Funding/Resident \$70,000
- FMRI FY'09 Funding/Resident \$26,921
- Projected FMRI Funding/Resident \$34,000



# Funding Requests

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|          | Current   | Maintenance | Expansion  | Total       |
|----------|-----------|-------------|------------|-------------|
| FY 09-10 | \$888,400 | \$270,855   | \$ 123,851 | \$1,283,106 |
| FY 10-11 | 888,400   | 270,855     | 200,745    | 1,360,000   |
| FY 11-12 | 888,400   | 270,855     | 302,745    | 1,462,000   |



# Why Support Residencies?

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- ❑ Most efficient response to physician shortage.
- ❑ Best way to retain doctors.
- ❑ Doctors stay where doctors train.
  - 47% stay nationally at or near place of training
  - 56% of FMRI graduates remain in Idaho
  - 80% of FMRI graduates at Caldwell Rural Training Track remain in Idaho
- ❑ Idaho ranks 8<sup>th</sup> nationally in resident retention rate.
- ❑ Saves recruitment dollars.
- ❑ Can see patients the day after they graduate.

DATA SOURCE:

Association of American Medical Colleges. *Key Physician Data by State*. 2006.  
MGT of America, Inc. *Medical Education Study Final Report*. November 1, 2007.



# Expansion

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- ❑ Expansion of Boise Program Size
- ❑ Additional Rural Training Tracks
- ❑ Development of Fellowships



# Boise Program Expansion

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- ❑ Current Boise core program has been recently expanded to 10-10-10
  - 10 Resident Interns
  - 10 Second Year Residents
  - 10 Third Year Residents
- ❑ Expand to 12-12-12 by 2010



# Additional Rural Training Tracks

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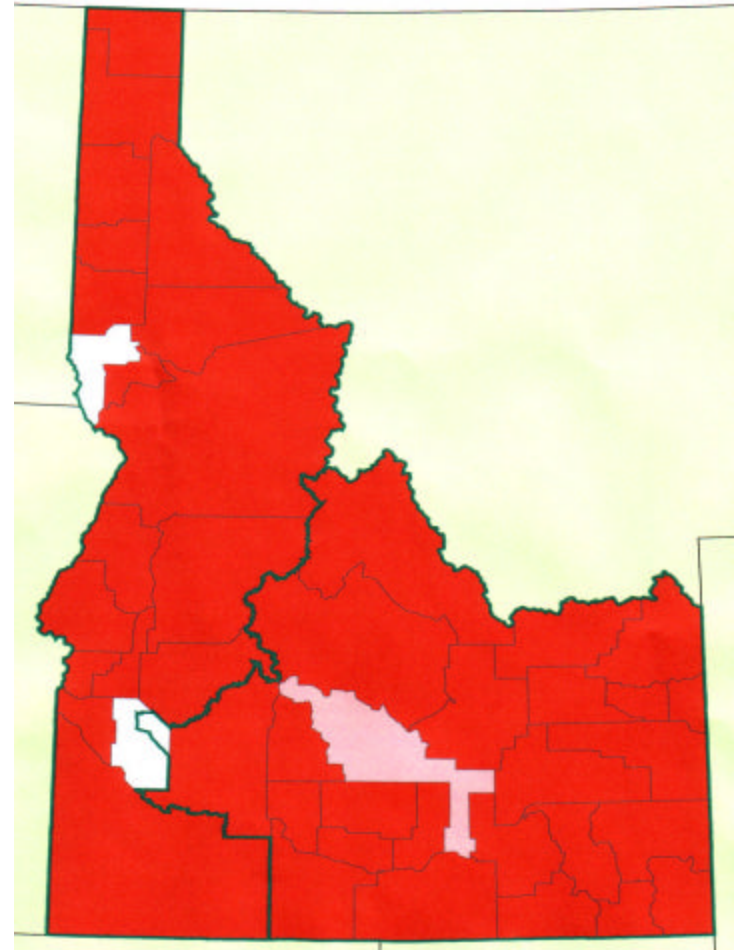
- Why More Rural Training Tracks?
  - Expand Training outside of Boise
  - Expand Family Physicians to Idaho
  - Expand Family Physicians to Rural Idaho



# Primary Care Health Professional Shortage Area (HPSA)

## **Primary Care Health Professional Shortage Area (HPSA) counties as of December 2002**

Counties that become shortage areas when family physicians are withdrawn





# Rural Training Tracks

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- FMRI Rural Training Tracks
  - Caldwell (exists now) 2-2-2
  - Magic Valley (2009) 1-1-1
- Long-Term
  - Northern and Central Idaho Rural Training Track Development
    - Requires strong infrastructure in Boise and funding for outreach





Boise/Caldwell/Pocatello

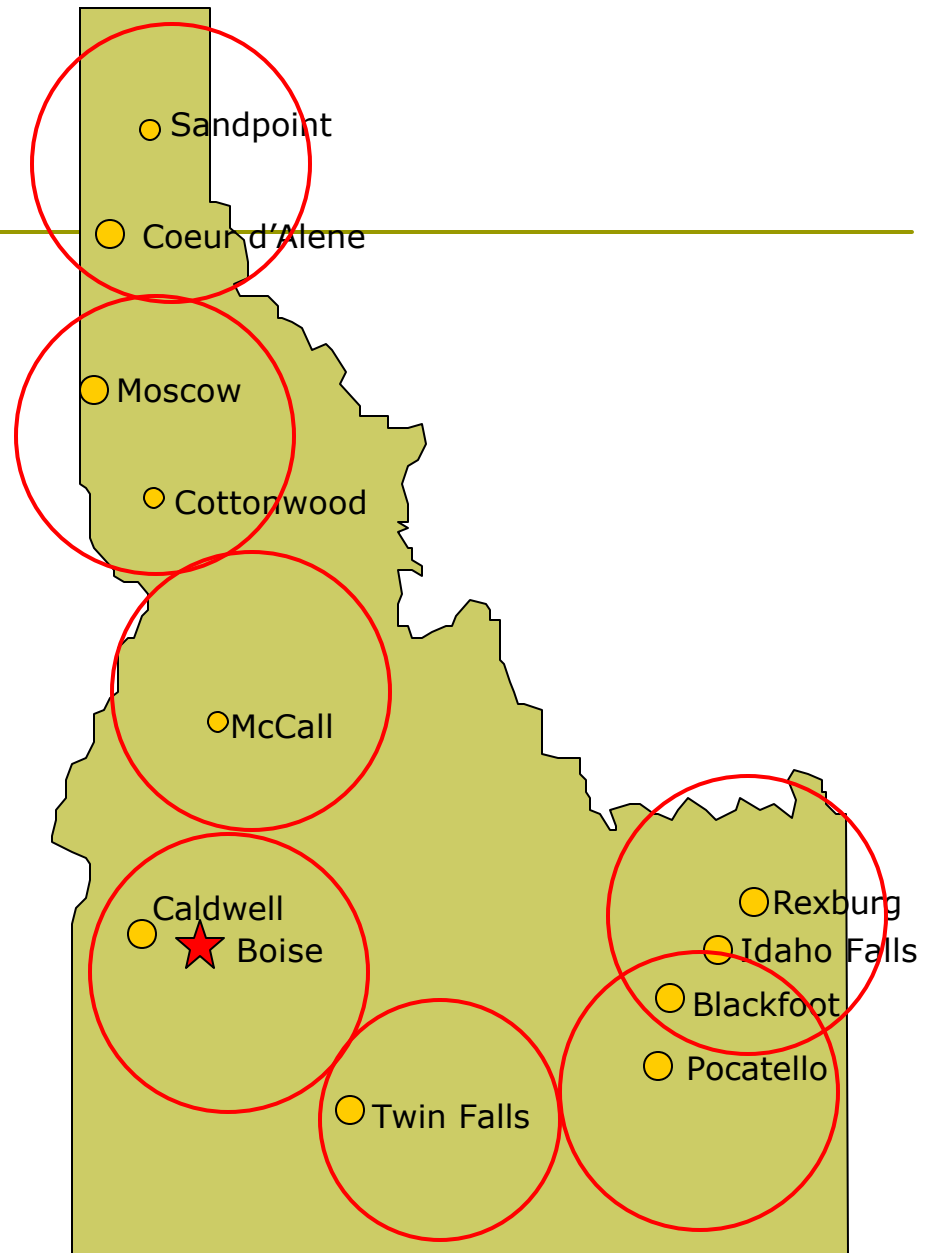
Coeur d'Alene/Sandpoint

Moscow/Cottonwood

McCall

Twin Falls

Idaho Falls/Blackfoot/Rexburg



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# Development of Fellowships

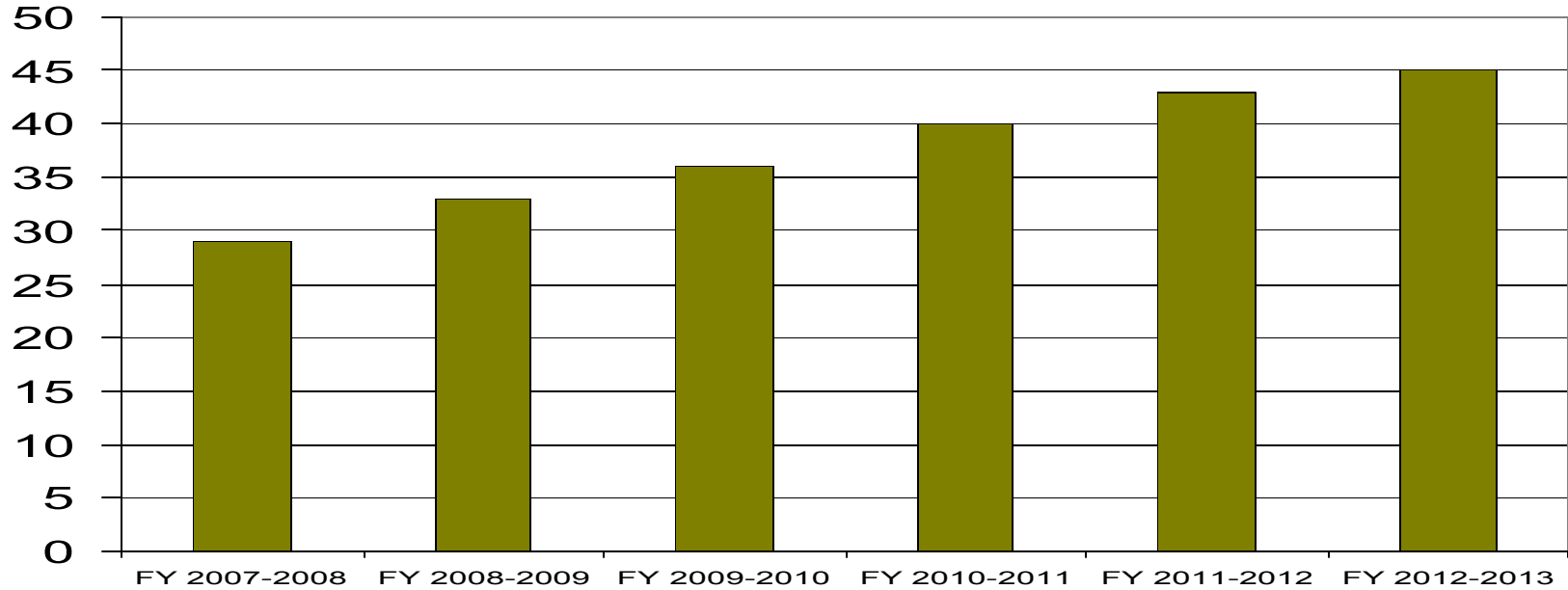
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## □ Potential Fellowships

- Sports Medicine (exists now)
- HIV/Primary Care (exists now)
- Obstetrics
  - Requested start-up funds – Idaho Millennium Fund 2009
- Geriatric and Palliative Care
- Rural Family Medicine



# Resident Expansion



- Increase of 16 Residents in Program over 5 Years
- Increase to 15 Residents/Class by 2012 (50%)
- 10-10-10 (2007-2008) to 15-15-15 (2012-2013)



# Train to Remain



**Mary Barinaga, M.D.**  
Pomeroy, Idaho  
Class of 1996



**David Schmitt, M.D.**  
Alameda, Director of Rural Hlt  
Class of 1999



**Jennifer Fellens, M.D.**  
Scotts Ferry, Idaho  
Class of 2004



**Shana Fegerty, M.D.**  
Mesa, Idaho  
Class of 2004



**Mike Feats, M.D.**  
Kootenai, Idaho  
Class of 2009



**Haley Minnschan, M.D.**  
Cottonwood, Idaho  
Class of 2004



**Gregory Johnson, M.D.**  
Scam, Idaho  
Class of 2003



**Elizabeth Rales, M.D.**  
PARR, Family  
Class of 2005



**Sunday Henry, M.D.**  
MTCAL, Idaho  
Class of 2003



**Katherine Miller, M.D.**  
Soling, Idaho  
Class of 2005



**Jessie Skinner, M.D.**  
Caldwell, Idaho  
Class of 2005



**Katherine Ertan, M.D.**  
Kino, Idaho  
Class of 2006



**Jeremy Osterander, MD**  
Cottonwood, Idaho  
Class of 2006



**Andrew Gilbert, M.D.**  
Cottonwood, Idaho  
Class of 2006



**Caitlin Gustafson, M.D.**  
MTCAL, Idaho  
Class of 2006



**Rosalia Richardson, M.D.**  
Hampden, Idaho  
Class of 2007



**Nancy Jo Elnbury, M.D.**  
Moscow, Idaho  
Class of 2007



**Olivia Galvez, M.D.**  
Caldwell, Idaho  
Class of 2007



**Suzanne Habel, M.D.**  
Minkler, Idaho  
Class of 2007



**William Lottman, M.D.**  
Kootenai, Idaho  
Class of 2007



**Angela Pelland, M.D.**  
Soling, Idaho  
Class of 2007



**Melly Arreije, M.D.**  
Acme, Idaho  
Class of 2008



**Sharon Caswell, M.D.**  
Caldwell, Idaho  
Class of 2008



**Josh Kern**  
Jerome, Idaho  
Class of 2008



**Ryan Melvin, D.O.**  
Twin Falls, Idaho  
Class of 2008



**Tracy Morgan, M.D.**  
Soling, Idaho  
Class of 2008



**Courtney Vandenberg, D.O.**  
Soling, Idaho  
Class of 2008

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